

inserting a first band into the eye; and,

bending the first band against the retina such that the first band extends over at least 100 degrees of the circumference of the globe.

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14. The method of claim 11, further comprising the steps of inserting a second band into the eye and bending the second band against the retina.

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15. The method of claim 11, wherein the first band is inserted into the eye with an injector.

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16. The method of claim 11, further comprising the step of removing the first band.